

# Study Guide

This study guide is designed to help you to become more familiar with the Bible. Study these passages on your own, with a friend, or with a group. If you or someone you know needs a Bible, please take one from under a chair in the Worship Center. They are there for you to take home and use! Message manuscripts are available at [www.spwired.com](http://www.spwired.com).

**Monday. Read 1 Corinthians 6:19-20** in the New Testament. This passage is a glimpse at God's view of our bodies and our lives. This passage contradicts a common way of thinking which says, "It's my body, I can do what I want with it." In God's view, our bodies belong to him. They are the earthly means by which we live out God's plan. Our lives are not ours to take. How could knowing this be of help to someone who is thinking of ending their life? How can you apply this to your life?

**Tuesday. Read Matthew 11:28** in the New Testament. Here we have one of Jesus' invitations. He invites us to come to him when we are burdened, when we are overwhelmed. Sometimes in the midst of despair we turn our backs on God. Why would a person do this when they need God most? Have you ever done this? Instead of turning away from God in times of despair, we should train ourselves to turn toward God and godly things (worship, study, prayer, fellowship, service) that will lead us out of despair. Determine in your own mind that if you face despair in the future you will press in toward God, not turn away from him.

**Wednesday. Read Romans 8:35-39** in the New Testament. This passage of hope is very useful in reminding us that in the midst of difficult or even shameful circumstances, God's love is there for us. Even though it may seem like we are separated from God, we are not. He loves us no matter what we've done or where we find ourselves. God's love has the power to sustain us and offer us hope. Knowing this passage can be a source of hope for you or someone else. What is this passage speaking to you today?

**Thursday. Read Psalm 139:1-18** in the Old Testament. This passage reminds us that God created us--knitted us together in our mothers' wombs. It says that we are wonderfully made. This passage also reminds us that God has a plan and purpose for us. Suicide cuts that plan short. What do you think God's plan is for your life? If you're not sure, spend time regularly asking God to guide you into that plan and begin by trying some form of ministry and mission. What could that be for you? Knowing God's plan for your life can be a great way to avoid, or relieve, feelings of despair.

**Friday. Read Matthew 27:3-10, Matthew 26:69-75, John 21:15-17** in the New Testament. These passages describe Judas and Peter. Both did things to betray Jesus. Judas ended up taking his own life, Peter did not. Peter experienced the forgiveness of Jesus. What would have happened if Judas would have waited two days—until Jesus' resurrection? What message would Judas have been able to proclaim about Jesus?

## Prayer Concerns

### Serving in the military:

We honor those serving in the military by placing their names on the Military Board in the east hallway after listing new names here for one week. Please check that board regularly.

### Health & Healing

Dee Barnes  
Judy Rawlings  
Gerry Read  
Joy Anns Read's mother

### Cancer Treatment:

Tom Feltenberger  
Rose Hymer  
Easton Murdock  
Joey Walker

### Grieving:

The family of **Allen Perry**

### Other Concerns:

Dusty Clark  
Jennifer Hymer  
Nathan Spencer  
Misty Puckett and Family  
Lucille Shipman  
Tracy & Roy Happs  
Ron & Bonnie Curtis  
Lesmeister Family  
Mary, Miguel, Natalie/Noah and Mario Soriano  
Daniel Van Dyle  
Sylvia Crowton & Family  
Charolette Bowzer